

**Aaron Manor**  
**Week-At-A-Glance**  
**Fall/WINTER Week 3**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast:Regular						
<b>Breakfast Sausage Link 2 Ea</b> <b>Waffle 1 Ind</b> - Syrup 2 oz - Margarine 1 Pkg White Toast Buttered 1 Slice - Jelly 1 Pc Wheat Toast, buttered 1 Slice - Jelly 1 Pc <b>Oatmeal w/Brown Sugar 6 oz</b> Plain Oatmeal 6 oz Asst Cold Cereal 3/4 Cup	<b>Scrambled Eggs w/ Diced Ham, Peppers, Onions 2 oz</b> Cheesy Eggs 2 oz <b>Baked Croissant 1 Ind</b> - Margarine 1 Pkg - Jelly 1 Pc Wheat Toast, buttered 1 Slice - Jelly 1 Pc White Toast Buttered 1 Slice - Jelly 1 Pc Toast, Raisin Buttered 1 Ea <b>Oatmeal w/Brown Sugar 6 oz</b> Plain Oatmeal 6 oz Asst Cold Cereal 3/4 Cup	<b>Scrambled Eggs 2 oz</b> <b>English Muffin 1 Ea</b> - Jelly 1 Pc - Margarine 1 Pkg White Toast Buttered 1 Slice - Jelly 1 Pc Wheat Toast, buttered 1 Slice - Jelly 1 Pc <b>Oatmeal w/Brown Sugar 6 oz</b> Plain Oatmeal 6 oz Asst Cold Cereal 3/4 Cup	<b>Breakfast Sausage Link 2 Ea</b> <b>French Toast 3 Pc</b> - Syrup 2 oz - Margarine 1 Pkg White Toast Buttered 1 Slice - Jelly 1 Pc <b>Oatmeal w/Brown Sugar 6 oz</b> Plain Oatmeal 6 oz Asst Cold Cereal 3/4 Cup	<b>Cheese omelet 1 Srv</b> <b>Homefries 1/2 Cup</b> White Toast Buttered 1 Slice - Jelly 1 Pc Wheat Toast, buttered 1 Slice - Jelly 1 Pc <b>Oatmeal w/Brown Sugar 6 oz</b> Plain Oatmeal 6 oz Asst Cold Cereal 3/4 Cup	<b>Crispy Bacon 2 Slice</b> <b>Pancakes 2 Ea</b> - Syrup 1 oz - Margarine 1 Pkg White Toast Buttered 1 Slice - Jelly 1 Pc Wheat Toast, buttered 1 Slice - Jelly 1 Pc <b>Oatmeal w/Brown Sugar 6 oz</b> Plain Oatmeal 6 oz Asst Cold Cereal 3/4 Cup	<b>Scrambled Eggs 2 oz</b> <b>Coffee Cake 1 Srv</b> White Toast Buttered 1 Slice - Jelly 1 Pc <b>Oatmeal w/Brown Sugar 6 oz</b> Plain Oatmeal 6 oz Asst Cold Cereal 3/4 Cup